



SUMMER

ISSUE 2018



*“Music speaks to the heart in ways words cannot express.”*

Greetings Participants and Caregivers!

Spring has sprung right into summer, and we can now enjoy the warmer weather that our beautiful State of Michigan has to offer! As we embrace the warmth and sunshine of summer, our PACE activities and outings will be in full swing. One of our most recent adventures was attending the “PACE Day at the Capitol.” Participants and employees made their way up to Michigan’s Capitol in Lansing to meet with legislators. They discussed the many benefits of PACE programs across the State. Our own PACE Southeast Michigan Choir (comprised of participants and staff) were the featured entertainment in the Rotunda of the State Capitol Building. Their beautiful singing rang throughout the Capitol for all legislators and guests to hear! It was a PACE Southeast Michigan PROUD and SHINING moment for all to witness!

Since the visit, more of our legislators have asked to tour our Centers and learn more about PACE Southeast Michigan. Special thanks to our team for demonstrating Collaborative Teamwork to make this event so special!

I hope you know that at PACE Southeast Michigan, our philosophy is continual improvement! Each year we set goals to grow and improve what we do, and how we do it. This year one of our goals is to provide more proactive care and communication to our participants and caregivers. We have reset our clinical team and assigned each participant to a “Participant Care Team.” The team is comprised of a Physician, Nurse Practitioner, Nurse Case Manager, Community Nurse, Social Worker and Scheduler. You will hear more about how this team will care and communicate with you over the next couple of months.

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*Greetings, continued from previous page.*

As always, this newsletter is meant to keep you informed about PACE and the events we have going on. Make sure to check out our Dinner and Dialogue events (see article inside).

*May you enjoy the music and warmth of the summer!*

*Mary*



**Meet Dr. Yanez!** Dr. Jeffrey Paul Yanez was born and raised in the Metro Detroit area and comes to us from Henry Ford Health Systems in Detroit. He graduated from St. Georges University School of Medicine. Dr. Yanez has had a long and successful career in Internal Medicine. Dr. Yanez looks forward to a productive and engaged career with the participants of PACE Southeast Michigan.



**Meet Dr. Dawud, the new physician at our Dearborn Center!** Dr. Renda Dawud is a talented clinician who has been practicing medicine for over 20 years. She graduated from the American University of the Caribbean School of Medicine. Along with her experience, she also speaks Arabic! We are glad to have her leadership and skill at the Dearborn Center clinic.

As a PACE Southeast Michigan participant, all health care services are provided and arranged by your personal health care team. PACE participants may be fully liable for the costs of medical services from an out-of-network provider or without prior authorization with the exception of emergency services.



## BREAKFAST AMONG FRIENDS

On April 26th, we held our annual *Breakfast Among Friends* event at our Rivertown Center. We thank everyone who attended and donated. The money raised will benefit our participants. During the event, we named the center's clinic in honor of John J. Polanski, PACE Southeast Michigan's board chair. John has shown endless commitment to PACE



Southeast Michigan and our participants. He is truly passionate about our care model and from this passion we have found success. This will serve as a lasting tribute to John's visionary leadership and commitment to PACE Southeast Michigan.

## THANK YOU DONORS

There are the times when some of our participants need a little help to remain in their homes. The support of our donors provides our participants with the basic and emergency needs to remain independent. Thank you for your generosity!

Thank you to our Presenting Sponsors:



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Special thanks to Kelly Green for her donation of a piano and Lindsey Hunt for her donation of a pool table to our Dearborn Center.

***Our participants have been busy this spring! From a trip to Lansing to painting for Mother's Day, celebrating Birthdays and everything between. Check out all our highlights below!***

### **Day at the Capitol**

Our participant and staff choir was invited to "PACE Day at the Capitol" on May 15. We met with legislators to show and express the value of PACE Southeast Michigan.



### **Mother's Day Painting**

For Mother's Day, our participants were able to express their artistic side by doing some painting. Our Mother's, Grandmothers, and Great Grandmothers were all honored on this special day.



### **100th Birthday**

We celebrated a participant's 100th Birthday at our Southfield Center. We are inspired by our participants and how they stay active and healthy.

### **Dog Day**

On April 11, our employees brought in their furry friends to meet our participants. We all enjoyed the cuddles and fun!



## PACE SOUTHEAST MICHIGAN MISSION:

PACE Southeast Michigan - (Program of All-Inclusive Care for the Elderly) is a unique health plan and care provider, committed to keeping aging adults with challenging healthcare conditions in their home, by caring for their medical, physical, and social needs.

### OUR VALUES:

- **Extraordinary Care**
- **Collaborative Teamwork**
- **Inspired Achievement**
- **Accountability**
- **Adaptive Growth**



## MEET THE PCAs

The Participant Care Associates (PCA) are vital to our day center and participants. They are the hands, eyes, and ears for the direct care of our participants. PCAs do everything from riding buses, attending appointments, outings, and doing daily care.

PCAs must work closely with every other department. They work with transportation to make sure our participants get where they need to go in a safe manner. They talk with the clinic to make sure that if a participant has a medical concern they can be seen. They work with therapy on how to best assist participants' movements. They do the all-around work required to keep our participants safe and healthy in our centers.



### Facts about PCAs

- *In total, PACE Southeast Michigan has over 120 PCAs*
- *Taking care of over 700 participants daily*
- *Working in both the day centers and participants' homes*

## CAREGIVER DINNER AND DIALOGUE EVENTS

Our Caregiver Dinner and Dialogue events will continue this year. We hold these every three months. These events give you a chance to meet our staff and learn about changes in our program. They also give you a chance to ask questions and give us feedback.

All Dinner and Dialogue events are held from 5:00 PM – 6:30 PM.

Our June Series featured a talk on our Comfort Care program. To learn more about PACE Southeast Michigan's Comfort Care program and how it can enhance your loved one's life, please reach out to our team.

### **September** – *Preventing and Managing Diabetes/ Participant Care Team Model*

Southfield Center – 24463 W. Ten Mile Rd., Southfield – September 18, 2018

Rivertown Center – 250 McDougall, Detroit – September 19, 2018

Dearborn Center – 15401 N. Commerce Drive, Dearborn – September 25, 2018

Warren Center – 30713 Schoenherr, Warren – September 26, 2018

### **December** – *Holiday Happiness and Cooking Demonstration*

Southfield Center – 24463 W. Ten Mile Rd., Southfield – December 4, 2018

Rivertown Center – 250 McDougall, Detroit – December 5, 2018

Dearborn Center – 15401 N. Commerce Drive, Dearborn – December 11, 2018

Warren Center – 30713 Schoenherr, Warren – December 12, 2018

Dinner and Dialogue is free, **but registration is required.** To register for the Dinner please call the numbers below for each specific location:

SOUTHFIELD – (248) 556-9107

RIVERTOWN – (313) 288-7129

DEARBORN – (313) 794-9700

WARREN – (313) 288-7250

We look forward to seeing you there!

## YEARLY MEDICAID RENEWAL

Medicaid is an insurance that most PACE Southeast Michigan participants have. It is paid from state funds and monitored closely by the state.

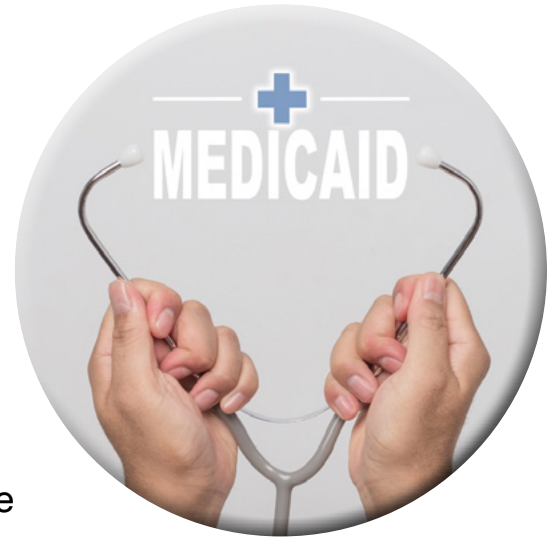
**Please note that every year it is necessary to renew your Medicaid! Without Medicaid, you are at risk for disenrollment from PACE Southeast Michigan.**

PACE Southeast Michigan can help you renew your Medicaid coverage each year. We ask that you provide us with the following items:

- proof of all income (Social Security income, IRAs, etc.)
- proof of assets (bank accounts)
- proof of life insurance cash value
- proof of pension(s)

The Department of Health and Human Services will send you a letter to notify you when your Medicaid needs to be renewed. You will also receive a reminder letter from PACE Southeast Michigan.

If you have any questions about Medicaid renewal, please call us at 855-445-4554 and ask for the Intake Department.



**Do you have a non-emergency question or comment for PACE Southeast Michigan Staff?**

**E-mail: [CARE@pacesemi.org](mailto:CARE@pacesemi.org)**

**As always, you may also call us at 855-445-4554**



Did you know while you shop on Amazon you can also be helping our participants? With Amazon Smile, 0.05% of your eligible purchase will be donated to PACE Southeast Michigan.

Go to [smile.amazon.com](https://smile.amazon.com) and select PACE Southeast Michigan as your charity of choice. Then shop!

# RETIREMENT

The rehabilitation department wished Kathy Wagner well on her retirement. A physical therapist assistant who retired from her



part-time position at Rivertown. She was known for her upbeat personality, smile, and focus on the participants. Thank you Kathy, for your service and dedication!



Website: [www.paceseml.org](http://www.paceseml.org)

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