



“Autumn...the year’s last, loveliest smile.”

– William Cullent Bryant

Greetings Participants and Caregivers!

As summer comes to an end, it is time to unpack our sweaters, watch some football, and enjoy the beauty of fall in Michigan.

As the leaves keep changing, so does PACE Southeast Michigan. As you know, our mission is to care for chronically-ill aging adults and keep them independent, in their homes, by caring for their body, mind, and spirit. Guided by our PACE Southeast Michigan Values, our deeply caring and committed team collaborates daily to ensure we achieve this Mission! We have many seniors still to serve. We now provide care for over 1,100 participants out of our five centers and that number continues to grow each month.

As we continue to provide PACE care and services to more aging adults, we decided to replace our Warren Center with a new, larger one in Eastpointe. The new center will accommodate care for up to 250 participants and we expect to open by November of this year. In addition to Eastpointe, we are still on track to open our sixth center in Pontiac by the end of the year. Our seventh center is planned for Detroit in 2020.

With growth, comes the need for improvements. As a high-performing company, we set goals to improve our care and services every year. This year we have an operations goal to improve your time spent on the bus. We are making progress, yet have a ways to go before we are satisfied.

Keep in mind that each center has a Participant Advisory Council (PAC)

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that meets monthly to tell us what works well and what needs improvement. The Center Manager facilitates the discussion and we are grateful for the feedback we receive from the PAC members since we focus on continuous improvement. If you have suggestions, please tell your Center Manager so they can be sure a member brings up your concern or question in the meeting.

As we transition to this next season, let's celebrate a wonderful summer by checking out the fun events our creative Life Enrichment team planned for you! (See photos on page 4.) I hope you were able to participate and had some fun!

I wish you peace,
Mary

NEW LIFE OPPORTUNITIES



Horace Watkins is a participant of PACE Southeast Michigan at the Rivertown center. Over the past six years, he has been battling cancer. Horace had plans to attend Medical School at Howard University, but he had to put his life on hold to fight the disease.

Horace did not want to choose between his dream and fighting cancer, so he chose both. He is a fighter, just like the rest of his family. His father played in the NFL for 15 years and Horace grew up with 18 siblings. He was not going to let cancer stop him from achieving his dreams. With the help of The Underserved Group (TUG) who granted Horace \$2,000 in scholarships, he went on to attend and graduate from University of Toledo School of Nursing. Horace graduated with honors! He plans to get his Nurse Practitioner degree in the Masters-Doctoral program at University of Toledo. He also plans to travel to various countries around the world that do not have proper healthcare, and use his skills and passion to help them out.

Are you interested in going to school? TUG has scholarships available for PACE Southeast Michigan participants. If interested, please contact PACE Southeast Michigan Social Worker and Executive Director of TUG, Joe Szykowski at 586-431-0013 or Jszykowski@theusg.org. More information about the program is available on their website, www.theusg.org

WELCOME NEW LEADERS



Meet **Mary John-Williams**, the new Director of Operations for the Sterling Heights and Warren centers. She comes to us with both a health and human service background as well as PACE experience. Mary worked at a PACE program in North Carolina. Her innovative and diverse knowledge enhances our vision to become a top-performing workplace.



Welcome **Valerie Koczara**, the Director of Clinical Care Integration! She started her career as an ER staff nurse and has held many leadership positions. Valerie organized the design, opening, and operations of a Migraine Institute. She received her MSN from Wayne State University and is also licensed to practice as a Nurse Practitioner. Her hometown is Detroit and she is thrilled to be back where she belongs!



PACE Southeast Michigan employee, **Ken Stilwell**, has been promoted to Transportation Manager! He is partnering with Greg Gildersleeve. Ken is a lifelong Detroiter and has lived on the east side his entire life. Ken married his high school sweetheart and they have been married for 26 years. Ken is currently ABD (All But Dissertation) in a PhD program at Wayne State University. He intends on developing and growing the PACE community while finishing his PhD. Ken loves serving participants and developing the team.

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Welcome **Dr. Baruch Katz**, the new physician at the Southfield center! Dr. Katz was born in South Africa and moved to Boston when he was five. He went to Medical school in New York, where he met his wife who is from Southfield. After completing his Internal Medicine residency in Boston, he was “convinced” by his wife to move to Michigan. Despite the move, he is still an avid Boston sports fan. He already feels at home at PACE Southeast Michigan and has been overwhelmed by the kindness of everyone and the abundance of positive energy.

LIFE ENRICHMENT:

Our participants and staff have been busy over the last couple of months! The second annual Senior Games was held at our Sterling Heights center. Warren emerged the victors, with Southfield and Sterling Heights coming in second and third! The annual participant picnics were lots of fun; check out the photos!



ADVANCE CARE PLANNING:

Advance Care Planning is making decisions about the healthcare you want to receive if you become unable to speak for yourself. These are your decisions to make. The decisions are based on your personal values and discussions with your loved ones. The goal is to maintain and maximize your health as you face the end of life. It should be a compassionate process, with support and education as your health changes.

Some examples of Advanced Care Planning include the following:

- Do-Not-Resuscitate Form
- Living Wills
- Funeral/Burial Arrangements
- Appointing a health care power of attorney

The benefits:

- Planning ahead reduces stress and anxiety
- It initiates a necessary, but sometimes uncomfortable conversation
- Makes wishes known and respected
- Reduces rush decisions and guessing

PACE Southeast Michigan social workers can assist participants by opening an Advance Care Planning conversation every 6 months. They can work with you to complete a Durable Medical Power of Attorney.

PACE SOUTHEAST MICHIGAN MISSION:

PACE Southeast Michigan - (Program of All-Inclusive Care for the Elderly) is a unique health plan and care provider, committed to keeping seniors with challenging healthcare conditions in their home, by caring for their medical, physical and social needs.

OUR VALUES:

- **Extraordinary Care**
- **Collaborative Teamwork**
- **Inspired Achievement**
- **Accountability**
- **Adaptive Growth**



LIVING THE VALUES AWARD WINNERS

We are thankful and proud of our PACE Southeast Michigan team members who strive to live the PACE Values as they care for you every day! Twice a year we recognize these employees at our All-Staff meetings. They are nominated by their fellow employees. At our recent summer meeting we celebrated these individuals who embody our values in their daily life. Congratulations to these team members who live the PACE Southeast Michigan Values!

Qianna Woods (Southfield)
Monsurat Olaiya (Southfield)
Aaron Hampton (Rivertown)
Michelle Wronski (Rivertown)

Robert Keys (Dearborn)
Floretta Johnson (Warren)
Victoria Williams (Sterling Heights)
Aaron Mucciante (Corporate)

CAREGIVER DINNER AND DIALOGUE EVENTS

Our Caregiver Dinner and Dialogue events are held every four months. These events give you a chance to meet our staff and learn about changes in our program. They also give you a chance to ask questions, and give us feedback, and enjoy a tasty meal.

All Dinner and Dialogue events are held from 5:00 PM – 6:30 PM

Here are the dates for this year's dinners:

November – Enhancing Your Loved One's Independence

Southfield Center – **November 6, 2019** Rivertown Center – **November 7, 2019**

Dearborn Center – **November 12, 2019** Warren Center – **November 13, 2019**

Sterling Heights Ctr. – **November 14, 2019**

Dinner and Dialogue is **free**, but **registration is required**. If you register and can't make it, please let us know as we purchase a meal for you. To register, please call the numbers below for each center:

SOUTHFIELD – (248) 556-9107 DEARBORN – (313) 794-9700

RIVERTOWN – (313) 288-7129 WARREN – (313) 288-7250

STERLING HEIGHTS – (586) 250-9600

We look forward to seeing you there! (For addresses of each center, see back page.)

MEET THE PUBLIC AFFAIRS & PHILANTHROPY DEPARTMENT

Ever wonder who puts together these newsletters? Wonder no more! Meet the Public Affairs & Philanthropy Team! Laurie, Aaron, and Magdalen are behind the communication you receive from PACE Southeast Michigan. They also post on the website, Facebook, Twitter, and YouTube Channel.

The Public Affairs & Philanthropy team also raises money for the Community Giving Fund, runs the volunteer program, and advocates for our participants and for PACE.

We have a fundraising event on October 24th. Details are below. Help us spread the word!



THURSDAY
OCTOBER 24, 2019
6:30 PM - 9:30 PM

OUTDOOR
ADVENTURE CENTER
1801 ATWATER ST.
DETROIT, MI

\$50 PER TICKET

To purchase tickets please visit
pacesemi.org and go to the events page

As a PACE Southeast Michigan participant, all health care services are provided and arranged by your personal health care team. PACE participants may be fully liable for the costs of medical services from an out-of-network provider or without prior authorization with the exception of emergency services.



PARTICIPANT CARE TEAMS

Through our growth, we continue to make improvements to continue providing Extraordinary Care. One recent improvement has been the creation of Participant Care Teams (PCT). A PCT is comprised of a member from Primary Care, RN Case Manager, Community Nurse, and a Social Worker. They are smaller and meet in addition to the Interdisciplinary Team. To help you identify your team, we have put up boards with photos of the team members in each center. If you cannot recall your care team members, check the number on your badge and match it to the number on the boards!



Website: www.pacesemi.org

Phone: 855-445-4554
Fax: 313-543-6795

Dearborn Center
15401 N. Commerce Rd.
Dearborn, MI 48120

Warren Center
30713 Schoenherr
Warren, MI 48088

Thome Rivertown
250 McDougall Street
Detroit, MI 48207

Sterling Heights Center
35501 Mound Rd.
Sterling Heights, MI 48310

Southfield Center
24463 W. 10 Mile Rd.
Southfield, MI 48033

