

Life Enrichment – Westland

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 April Fools' Day Joy of Chocolate \$ 10:15 Coffee & Converse 10:45 Senior Stretches 11:00 Craft 12:00 April Fool's Day Humor 1:30 Calendar Review/Request	2 10:15 Coffee & Converse 10:45 Senior Stretches 11:00 Canvas Painting 12:00 Monthly Gazette 1:30 Calendar Review/Request	3 Ford's Garage Outing \$ 10:15 Coffee & Converse 10:45 Senior Stretches 11:00 Movie 12:00 855 Edu./Ppt. Rights 1:30 Bingo	4 Opening Day: Tigers vs. Red Sox (1:10) Wear Your Tigers Attire! Paparazzi Jewelry \$ 10:15 Coffee & Converse 10:45 Seventh Inning Stretches 11:00 Tigers Tailgate w/ DJ Mike 12:00 855 Edu./Ppt. Rights 1:30 Tigers Game & Cracker Jacks
7 Mary Kay \$ 10:15 Morning Music 10:45 Chair Exercise 11:00 Jewelry Making 12:00 Trivia 1:30 Music w/ LaDon	8 Fire Safety Day, Avon \$ 10:15 Morning Music 10:45 Firefighter Fitness 11:00 Visit from Fire Dept. 12:00 Activity Packet 1:30 Firefighter Bingo	9 Dollar Tree \$ 10:15 Morning Music 10:45 Chair Exercise 11:00 Movie 12:00 Independent Leisure 1:30 Bingo	10 Truly Redefined Elegance \$ 10:15 Morning Music 10:45 Chair Exercise 11:00 Corn Hole 12:00 Velvet Art Hour 1:30 Garden Time	11 Peaches & Greens \$ 1pm 10:15 Morning Music 10:45 Chair Exercise 11:00 Craft 12:00 Ladder Golf 1:30 IN2L Choice
14 Joy of Chocolate \$ 10:15 Sip & Socialize 10:45 Move & Groove 11:00 Velcro Darts 12:00 Learn About Passover 1:30 Bingo	15 Jackie Robinson Day Lady V Creative Tee's \$ 10:15 Sip & Socialize 10:45 Move & Groove 11:00 Family Feud 12:00 All About J. Robinson 1:30 The Jackie Robinson Story (A)	16 Stress Awareness Day Minnie's Sweets & Treats \$ 10:15 Sip & Socialize 10:45 Music & Meditation 11:00 Craft 12:00 Therapeutic Coloring 1:30 IN2L Choice	17 Cheese Ball Day, Divine Cre8tions \$ 10:15 Sip & Socialize 10:45 Move & Groove 11:00 Board Games/Cards 12:00 All About Cheeseballs 1:30 Bingo & Cheeseball Snack	18 Good Friday 10:15 Sip & Socialize 10:45 Eggs-ercise 11:00 Easter Egg Hunt 12:00 Easter Trivia 1:30 Easter Celebration
21 Heartbeat Hotel Day 10:15 Talk & Tunes 10:45 Elvis Exercise 11:00 Elvis Bingo 12:00 Elvis Trivia 1:30 Elvis Entertainer	22 Earth Day Divine Cre8tions \$ 10:15 Talk & Tunes 10:45 Ring Toss 11:00 Craft 12:00 Earth Day Activity Pack 1:30 Earth Bingo	23 Avon \$ 10:15 Talk & Tunes 10:45 Chair Yoga 11:00 Uno Hour 12:00 Trivia 1:30 Garden Time	24 Truly Redefined Elegance \$ 10:15 Talk & Tunes 10:45 Chair Yoga 11:00 Canvas Painting 12:00 Independent Leisure 1:30 Garden Time	25 Arbor Day, C & G Novelty \$ 10:15 Talk & Tunes 10:45 Chair Yoga 11:00 Bingo 12:00 Daily Chronicle 1:30 Monthly Birthday Party
28 Superhero Day, C & G Novelty \$ 10:15 Warm Welcomes 10:45 Wonderful Workout 11:00 Craft 12:00 Superhero Trivia 1:30 Superhero Movie	29 International Dance Day 10:15 Warm Welcomes 10:45 Zumba Exercise 11:00 IN2L Choice 12:00 Music Hour 1:30 Dance Party w/ Sheri	30 10:15 Warm Welcomes 10:45 Basketball 11:00 Spring Raffle 12:00 Word Search Hour 1:30 Bingo		

Aisha's Salon:
Thursday & Friday
Sign Up \$



Life Enrichment Therapist: Julia Gaglio, CTRS (313)-500-2032
 Life Enrichment Assistant: Alberta Lopez
 PACE # 855-445-4554