

| Life Enrichment – Eastpointe                                                                                                                      |                                                                                                                                                        |                                                                                                                                                 |                                                                                                                                                           | June 2025                                                                                                                                                          |
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| Monday                                                                                                                                            | Tuesday                                                                                                                                                | Wednesday                                                                                                                                       | Thursday                                                                                                                                                  | Friday                                                                                                                                                             |
| <b>2</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Silver sneakers<br>11:00 Popcorn & movie<br>1:00 Outside break       | <b>3</b> Marcus Beauty Shop<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Silver sneakers<br>11:00 Bingo<br>1:00 Calendar Review | <b>4</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Meditation<br>11:00 Bingo<br>1:00 Calendar Review                  | <b>5</b> AVON Lady<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Silver sneakers<br>11:00 Meditation<br>1:00 Bingo                  | <b>6</b> Paparazzi store<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Conversations for thought<br>11:00 Bingo<br>1:00 Ladon                |
| <b>9</b> Marcus Beauty Shop<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness/AVON lady<br>10:45 Popcorn & movie<br>1:00 Let chat about? | <b>10</b> 10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Miles Speaks<br>11:00 Bingo<br>1:00 Music social                            | <b>11</b> 10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Father’s Day outing<br>11:00 Meditation<br>1:00 Bingo                | <b>12</b> 10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Father’s Day outing<br>11:00 Bible study w/ Miles<br>1:00 Father’s Day Social? | <b>13</b> Casino Day<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Casino games<br>1:00 Father’s Day social & entertainment                  |
| <b>16</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Popcorn & movie<br>1:00 Bingo                                       | <b>17</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Let’s chat about?<br>11:00 Know your rights!<br>1:00 DJ Sherri           | <b>18</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Silver sneakers<br>11:00 Know your rights!<br>1:00 Karaoke style  | <b>19</b> JUNETEENTH<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 <i>Outing to A.A Museum</i><br>11:00 Bingo<br>1:00 DJ IBCool     | <b>20</b> First Day of Summer<br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Let’s chart about<br>11:00 Ice cream outing<br>1:00 Music Social |
| <b>23</b> 10:00 Coffee conversations<br>10:30 Spiritual wellness<br>10:45 <i>Riverwalk outing</i><br>11:00 Let’s chat about<br>1:00 Music social  | <b>24</b> 10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 <i>Silver sneakers</i><br>11:00 Family Feud<br>1:00 Outside break           | <b>25</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 <i>Silver sneakers</i><br>11:00 karaoke Jam<br>1:00 Outside Break | <b>26</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Let’s chat about?<br>11:00 Name that tune<br>1:00 Bingo                     | <b>27</b><br>10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 <i>Silver sneakers</i><br>11:00 Let’s discuss about?<br>1:00 Birthday social/Karaoke |
| <b>30</b> 10:00 Coffee & conversation<br>10:30 Spiritual wellness<br>10:45 Let chat about?<br>11:00 Bingo<br>1:00 Birthday social/Karaoke         |                                                                    |                                                                                                                                                 |                                                                      |                                                                                                                                                                    |
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Life Enrichment Therapist: Keisha Howard (248)-520-3763 OOU  
 Life Enrichment Assistants: Deborah Bentley, Melkia Huey, Martha Dickerson, Felicia Perkins

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