

Life Enrichment – Westland				June 2025
Monday	Tuesday	Wednesday	Thursday	Friday
2 Welcome to June! 10:15 Monthly Gazette 10:45 Seated Stretches 11:00 Craft 12:00 June Activity Packet 1:30 Calendar Review/Request	3 Sweet Fruit \$ 10:15 Sip & Socialize 10:45 Pom Pom Exercise 11:00 Independent Leisure 12:00 Trivia 1:30 Calendar Review/Request	4 Minnie's Sweets & Treats \$ 10:15 Coffee & Converse 10:45 Wednesday Workout 11:00 Bingo 12:00 855 edu./Ppt Rights 1:30 IN2L Choice	5 Paparazzi Jewelry \$ 10:15 TV & Tunes 10:45 Move & Groove 11:00 Craft 12:00 855 edu./Ppt Rights 1:30 Garden/Outside Time	6 May Kay \$ 10:15 Morning Music 10:45 Fun Friday Fitness 11:00 Senior Olympic Practice 12:00 Velvet Art Hour 1:30 You Pick Leisure
9 My3AndMe \$ 10:15 Morning Music 10:45 Move & Groove 11:00 Canvas Painting 12:00 Finish the Phrase 1:30 Senior Olympic Practice	10 PACE at the Capital! 10:15 Daily Chronicle 10:45 Seated Stretches 11:00 Bingo 12:00 Trivia 1:30 Garden/ Outside Time	11 ET Anniversary, Culver's Outing \$ 10:15 Sip & Socialize 10:45 ET Exercise 11:00 Craft 12:00 ET Movie 1:30 Independent Leisure	12 Lady V Creative T's \$ 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 Father's Day Social 12:00 Memories of Dad 1:30 Donuts for Dad	13 C & G Novelty \$ 10:15 TV & Tunes 10:45 Move & Groove 11:00 Bingo 12:00 Father's Day Reminisce 1:30 Father's Day Social
16 Cracker Jack Day, Avon \$ 10:15 Coffee & Converse 10:45 Pom Pom Exercise 11:00 Art Hour 12:00 Trivia 1:30 Bingo & Cracker Jack	17 Walmart Outing \$ 10:15 TV & Tunes 10:45 Fitness Fun 11:00 Senior Olympic Practice 12:00 Movie 1:30 Independent Leisure	18 Joy of Chocolate \$ 10:15 Daily Chronicle 10:45 Seated Stretches 11:00 Canvas Painting 12:00 Word Puzzles 1:30 Outside/Nutrition Edu. w/ Emily	19 JUNETEENTH 10:15 Motown Music 10:45 Move & Groove 11:00 Celebrate Juneteenth 12:00 All About Juneteenth 1:30 Bingo	20 First Day of Summer 10:15 Summer Music 10:45 Beach Ball Bounce 11:00 Summer Solstice Party 12:00 Social Hour 1:30 Ice Cream Treat
23 National Pink day 10:15 Daily Chronicle 10:45 Fitness Fun 11:00 Pink Word Games 12:00 Grease Movie 1:30 Ind. Leisure/ Pink Drink	24 10:15 Coffee & Converse 10:45 Move & Groove 11:00 Craft 12:00 Activity Packet 1:30 IN2L Choice	25 10:15 TV & Tunes 10:45 Wednesday Workout 11:00 Birthday Bingo 12:00 Social Hour 1:30 Monthly Birthday Party	26 10:15 Morning Music 10:45 Seated Stretches 11:00 Senior Olympic Practice 12:00 Trivia 1:30 Garden/ Outside Time	27 Divine Cre8tions \$ 10:15 Sip & Socialize 10:45 Pom Pom Exercise 11:00 Craft 12:00 Word Puzzle Hour 1:30 Bingo
30 1950's Theme Day! 10:15 1950's Music 10:45 Senior Stretches 11:00 Elvis Entertainer 12:00 Social Hour 1:30 1950's Bingo	Aisha's Salon: Thursday & Friday, Sign Up \$			

Life Enrichment Therapist: Julia Gaglio, CTRS (313)-500-2032
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