July 2025 Life Enrichment – Pontiac Thursday Monday Wednesdav Fridav Tuesday 2 3 1 AVON \$ 4 **Closed for** *All Activities are Subject to 10:00 Fourth of July Trivia 10:00 Fourth of July Trivia 10:00 July Trivia 4th of July Change* 10:30 Walk and Talk 10:30 Walk and Talk 10:30 Group Exercise 10:45 4th of July Celebration 10:45 **4th of July Celebration** 10:45 BINGO Bible Study: Wednesday 11am 11:15 4th of July Craft 11:15 Spiritual Care Reflection 11:15 Independent Leisure in the small conference room 12:45 Flutist Deblon Jackson 1:00 4th of July Craft 1:00 Karaoke 7 8 9 10 11 Lady V's Tees \$ 10:00 Who, What, Where 10:00 Participant Rights Ed. 10:00 Participant Rights Ed. 10:00 Conversation Starters 10:00 Rollick 10:30 Corn Hole/Olympics 10:30 Karaoke 10:30 Group Exercise 10:30 Finish the Song Lyric 10:30 Bucket Ball/Olympics 10:45 BINGO 10:45 BINGO 10:45 Spiritual Care Reflection 10:45 Spiritual Care Reflection 10:45 UNO 11:00 Line Dance w/ Marshay 11:15 Spiritual Care Reflection 11:15 Calendar Planning 11:00 Music w/ Vanessa Carr 11:15 Wii Bowling 1:00 Garden Club/Patio 1:00 What's the Scoop Game 1:00 Wii Bowling 1:00 Jeopardy 1:00 Garden Club/Patio 14 15 **Outing to Ram's Horn** 16 AVON S 17 18 Hair Salon S 10:00 Who, What, Where 10:00 Name 5 Game 10:00 855 Education 10:00 Fruits & Veggies Trivia 10:00 855 Education 10:30 Ladder Golf/Olympics 10:30 Hallway Bowling 10:30 Relaxing Coloring 10:30 Healthy Fruit Drink 10:30 Group Exercise 10:45 Word Search Race 10:45 Word Search Race 10:45 BINGO 10:45 Kidney Foundation Edu. 10:45 BINGO 11:15 Spiritual Care Reflection 11:15 Spiritual Care Reflection 11:15 Spiritual Care Reflection 11:15 Walk and Talk 11:15 Karaoke 1:00 Music w/ Bob Holt 1:00 Chair Yoga 12:45 B-Day Party w/ D. Duo 1:00 Travelogue with Emily 12:45 B-Day Party w/ Tina Turner 22 24 25 23 **Outing to The Park** 21 Hands of Grace \$ 10:00 Shark Trivia 10:00 Morning Stretch 10:00 Table Topics 10:00 Shark Week Velvet Art 10:00 Name 5 Game 10:30 Group Exercise 10:30 Basketball/Olympics 10:30 Tie Dye 10:30 Tie Dye 10:30 Balloon Volleyball 10:45 Tie Dve 10:45 BINGO 10:45 Karaoke 10:45 Tie Dve 10:45 BINGO 11:15 Spiritual Care Reflection 11:15 Spiritual Care Reflection 11:15 Shark Week Velvet Art 11:15 Chair Yoga 11:15 Spiritual Care Reflection 12:45 Music W/ Faye Bradford 1:00 Garden Club/Patio 12:45 Bobby T & Griffin Sisters 1:00 BINGO 1:00 Patio and Ice Cream 29 30 28 Outing to Olive Garden 31 Hair Salon S 10:00 Old TV Show 10:00 Jeopardy 10:00 Table Topics 10:00 Rollick 10:30 Group Exercise 10:30 Velcro Darts/Olympics 10:30 Basketball/ Olympics 10:30 Wii Bowling 10:45 Relaxing Coloring 10:45 Karaoke 10:45 BINGO 10:45 Patio and Ice Cream 11:15 Spiritual Care Reflection 11:15 Spiritual Care Reflection 11:15 Board Games 11:15 Spiritual Care Reflection 1:00 Movie & Snack 1:00 Travelogue with Emily 1:00 Family Feud 1:00 BINGO SOUTHEAST MICHIGAN

Life Enrichment Therapist: Stephanie Vladuchick (313)-500-2550 Life Enrichment Assistants: Liz M-F and Emily M/W/F