

Life Enrichment – Westland			October 2025	
Monday	Tuesday	Wednesday	Thursday	Friday
Aisha's Salon: Thursday & Friday, Sign Up \$ 	Life Enrichment Therapist: Julia Gaglio (313) 500-2032 Life Enrichment Assistant: Alberta Lopez PACE # 855-445-4554	1 Welcome to October! 10:15 Monthly Gazette 10:45 Pom Pom Exercise 11:00 Craft 1:00 Bible Study 1:30 Calendar Review/Request 2:30 Senior Olympic Practice	2 Paparazzi Jewelry \$ 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Cards/Board Games 1:00 Bible Study 1:30 Calendar Review/Request 2:30 855 edu./Participant Rights	3 Sweet Fruit \$ 10:15 Morning Music 10:45 Chair Exercise 11:00 Crochet Hour 1:00 Spiritual Wellness 1:30 Talent Show 2:30 855 edu./Participant Rights
6 Wear Pink for Breast Cancer 10:15 Morning Music 10:45 Chair Exercise 11:00 Pink Jewelry Making 1:00 Ppt. Lead Spiritual Well. 1:30 Pink Bingo 2:30 Survivor Spotlight	7 Cider Mill Outing \$ 10:15 Coffee & Converse 10:45 Seated Stretches 11:00 Art Hour 1:00 Spiritual Wellness 1:30 IN2L 2:30 Music Requests	8 Fire Safety Day! 10:15 You Choose Music 10:45 Wednesday Workout 11:00 Uno 1:00 Bible Study 1:30 Fire Dept. Presentation 2:30 Trivia	9 Senior Olympics, Divine Cre8tions 10:15 Sip & Socialize 10:45 Pom Pom Exercise 11:00 Senior Olympics @DHC 1:00 Bible Study 1:30 Bingo 2:30 Balloon Burst	10 Paparazzi Jewelry \$ 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Velvet Art 1:00 Spiritual Wellness 1:30 Name that Tune 2:30 Social Hour
13 10:15 Talk & Tunes 10:45 Move & Groove 11:00 You Pick Leisure 1:00 Spiritual Wellness 1:30 LaDon Entertainment 2:30 Would you rather?	14 Joy of Chocolate \$ 10:15 Morning Music 10:45 Chair Exercise 11:00 Card/Board Games 1:00 Spiritual Wellness 1:30 Bingo 2:30 Social Hour	15 Avon \$ 10:15 Coffee & Converse 10:45 Seated Stretches 11:00 Craft 1:00 Bible Study 1:30 Jeopardy 2:30 Independent Leisure	16 Target Outing \$ 10:15 You Choose Music 10:45 Fitness Fun 11:00 Art Hour 1:00 Bible Study 1:30 Sweetest Day Social 2:30 Sweetest Day Activity Packet	17 Wear Pink & Red! 10:15 Sip & Socialize 10:45 Sweetheart Stretches 11:00 Craft 1:00 Spiritual Wellness 1:30 Sweetest Day Social 2:30 Sweetest Day Trivia
20 Hocus Pocus Day, Joy of Choc. 10:15 Sip & Socialize 10:45 Pom Pom Exercise 11:00 Witchy Craft 1:00 Spiritual Wellness 1:30 Hocus Pocus Movie 2:30 Independent Leisure	21 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Velvet Art 1:00 Spiritual Wellness 1:30 Name that Tune 2:30 Trivia	22 10:15 Morning Music 10:45 Chair Exercise 11:00 Monthly Birthday Party 1:00 Bible Study 1:30 Bingo 2:30 Social Hour	23 Sweet Fruit \$ 10:15 Coffee & Converse 10:45 Seated Stretches 11:00 Canvas Painting 1:00 Bible Study 1:30 IN2L 2:30 Music Requests	24 Michigan vs. MSU Pride 10:15 You Choose Music 10:45 Football Fitness 11:00 You Pick Leisure 1:00 Spiritual Wellness 1:30 Football Bingo 2:30 Michigan/MSU Highlights
27 10:15 You Choose Music 10:45 Fitness Fun 11:00 Boogie w/ Bobby 1:00 Spiritual Wellness 1:30 Bingo 2:30 Music Hour	28 10:15 Sip & Socialize 10:45 Pom Pom Exercise 11:00 Art Hour 1:00 Spiritual Wellness 1:30 Karaoke 2:30 Word Puzzles	29 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Craft 1:00 Bible Study 1:30 Bingo 2:30 Social Time	30 Happy Halloween! 10:15 Coffee & Converse 10:45 Frankenstein Fitness 11:00 Halloween Party 1:00 Bible Study 1:30 Trick or Treat 2:30 Halloween Trivia	31 Happy Halloween! 10:15 Halloween Music 10:45 Spooky Stretches 11:00 Monster Mash 1:00 Spiritual Wellness 1:30 Trick or Treat 2:30 Halloween Reminiscing