

Life Enrichment – Westland				November 2025
Monday	Tuesday	Wednesday	Thursday	Friday
3 Celebrate Dia de los Muertos 10:15 Monthly Gazette 10:45 Pom Pom Exercise 11:00 Day of the Dead Activity 1:00 Spiritual Wellness 1:30 Bingo 2:30 All about Day of the Dead	4 Election Day Center Closed Staff Development	5 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Calendar Rev./ Activity Req. 1:00 Bible Study 1:30 Amando Entertainment 2:30 Trivia	6 Palliative Care Day, Wear Purple Avon \$ 10:15 You Choose Music 10:45 Fitness Fun 11:00 Palliative Care Video/ Craft 1:00 Bible Study 1:30 Calendar Rev./ Activity Req. 2:30 Social Hour	7 Palliative Care Day, Wear Purple Lady V Creative Tee's \$ 10:15 Sip & Socialize 10:45 Seated Stretches 11:00 Purple Jewelry Making 1:00 Spiritual Wellness 1:30 Purple Bingo 2:30 TV or Tunes
10 10:15 Table Talk Tidbits 10:45 Seated Stretches 11:00 Spiritual Wellness 1:00 Art Therapy 1:30 Art Therapy Cont. 2:30 Social Time	11 Veteran's Day Joy of Chocolate \$ 10:15 Coffee & Converse 10:45 Pom Pom Exercise 11:00 Piano Duo 1:00 Spiritual Wellness 1:30 Bingo 2:30 Honor Veterans	12 Memorial Service 10:15 Morning Music 10:45 Chair Exercise 11:00 Memorial Service 1:00 Bible Study 1:30 Independent Leisure 2:30 Social Hour	13 Outing to Meijer \$ 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Art Hour 1:00 Bible Study 1:30 Movie Matinee 2:30 Social Hour	14 Sweet Fruit \$ 10:15 You Choose Music 10:45 Fitness Fun 11:00 Card/Board Games 1:00 Spiritual Wellness 1:30 Shake It w/ Sheri 2:30 You Pick Leisure
17 10:15 You Choose Music 10:45 Fitness Fun 11:00 Ind. Leisure/ Manicures 1:00 Spiritual Wellness 1:30 Bingo 2:30 Activity Packet	18 10:15 Sip & Socialize 10:45 Seated Stretches 11:00 Ind. Leisure/ Manicures 1:00 Spiritual Wellness 1:30 Movie 2:30 Independent Leisure	19 Outing to Olgas \$ 10:15 Coffee & Converse 10:45 Pom Pom Exercise 11:00 Karaoke 1:00 Bible Study 1:30 855 edu./Ppt. Rights 2:30 Would you rather?	20 10:15 Table Talk Tidbits 10:45 Chair Exercise 11:00 855 edu./Ppt. Rights 1:00 Bible Study 1:30 Al Livingston Music 2:30 TV or Tunes	21 Divine Creations \$ 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Canvas Painting 1:00 Spiritual Wellness 1:30 Roulette Game 2:30 Music Requests
24 Avon \$ 10:15 Talk & Tunes 10:45 Move & Groove 11:00 Step by Step Drawing 1:00 Spiritual Wellness 1:30 Monthly Birthday Party 2:30 Independent Leisure	25 Joy of Chocolate \$ 10:15 Table Talk Tidbits 10:45 Fitness Fun 11:00 Hand Turkey Craft 1:00 Spiritual Wellness 1:30 Thankful Tree 2:30 Social Hour	26 Minnie's Sweets & Treats \$ 10:15 Thankful Thankful 10:45 Turkey Trot Exercsie 11:00 Craft 1:00 Bible Study 1:30 Thanksgiving Social 2:30 Thanksgiving Trivia	27 	
				28 10:15 Morning Music 10:45 Chair Exercise 11:00 Bingo 1:00 Spiritual Wellness 1:30 IN2L 2:30 Word Puzzles



Life Enrichment Therapist: Julia Gaglio, CTRS (313) 500-2032
 Life Enrichment Assistant: Alberta
 PACE # 855-445-4554

Aisha's Salon: Thursday & Friday, Sign Up \$
 activities are subject to change

