

Life Enrichment – Pontiac

December 2025



Monday	Tuesday	Wednesday	Thursday	Friday
1 Rosa Parks Day 10:00 Calendar Planning 10:30 Basketball 11:00 Rosa Parks History 1:00 Salon Signup	2 Target \$ 10:00 Calendar Planning 10:30 Chair Yoga 10:45 BINGO 11:30 Relaxed Coloring 1:00 Salon Sign up	3 10:00 Holiday Trivia 10:30 Walk and Stroll 10:45 Karaoke 11:30 Word Search Race 1:00 Deck the Center	4 Jenny Lynn Salon \$ 10:00 855 Education 10:30 Bucketball 10:45 National Cookie Day 11:30 Card Club 1:00 Snowflake Craft	5 Golden Corral \$ 10:00 National Blue Jean Day 10:30 Velcro Darts 10:45 BINGO 11:30 Independent Leisure 12:30 Faye Bradford
8 Wear Green Monday 10:00 Coffee and Convo 10:30 Seated Exercises 11:00 Snowflake Craft 11:30 Holiday Cards 1:00 Open Recreation	9 10:00 Music and Mingle 10:30 Cornhole 11:00 BINGO 11:30 Hot Chocolate Bar 12:00 Deblon- Flutist	10 Dollar Tree \$ 10:00 855 Education 10:30 Morning Meditation 11:00 BINGO 11:30 Participant Choice 1:00 Jeopardy	11 Culvers \$ 10:00 This Day in History 10:30 Chair Yoga 11:00 Karaoke 11:30 Holiday Cards 1:00 Scam Prevention	12 AVON Jenny Lynn Salon \$ 10:00 Coffee and Convo 10:30 Name That Tune 11:00 Scam Prevention 11:30 Card Club 1:00 Open Recreation
15 Holiday Colors Day 10:00 Morning Gratitude 10:30 Hallway Bowling 10:45 Karaoke 11:00 Hanukkah Social 1:00 Name That Tune	16 Flannel Day 10:00 Chair Aerobics 10:30 Velcro Axe Throwing 11:00 Gingerbread Home 11:30 Reindeer Cocoa Craft 1:00 Card Club	17 AVON \$ Holiday Headgear Day 10:00 Calendar Planning 10:30 Bucketball 11:00 BINGO 11:30 Holiday Movie 1:00 Participant Choice	18 Holiday Pajama Day 10:00 Calendar Planning 10:30 Walking and Wheeling 11:00 BINGO 11:30 Holiday Movie 1:00 Participant Choice	19 Ugly Sweater Day 10:00 Mindfulness 10:30 Karaoke 11:00 Gingerbread Home 11:30 Ugly Sweater Contest 12:45 Griffin Sisters
22 Hands of Grace \$ 10:00 Coffee and Convo 10:45 Scam Prevention 11:00 Monday Movement 11:30 BINGO 1:00 Guess Who	23 Hands of Grace \$ 10:00 Velcro Darts 10:30 Carol Karaoke 11:00 <i>Holiday Party</i> 12:00 Jeopardy 1:00 Guess Who	24 <i>Christmas Eve</i> 10:00 Movement to Music 10:30 Carol Karaoke 11:00 <i>Holiday Party</i> 12:00 Who Said It 1:00 Word Puzzles	25 <i>Closed</i> <i>for</i> <i>Christmas</i>	26 National Candy Cane Day 10:00 Axe Throwing 10:30 Kwanzaa Begins 11:00 Snowflake Craft 11:30 Kwanzaa Game 1:00 Card Club
29 10:00 Tai Chi 10:30 Music and Mingle 10:45 BINGO 11:30 Mandala Coloring 1:00 Wordle	30 10:00 Basketball 10:30 New Year Resolutions 10:45 BINGO 11:30 Shout Out Resolutions 1:00 Guess the Word	31 <i>New Year's Eve</i> 10:00 Mindful Meditation 10:30 New Year Resolutions 10:45 NYE Celebration 11:30 Shout Out Resolutions 1:00 Countdown to 2026!	 <i>Happy Holidays</i>	

Bible Study: Weds/Thurs 11am
Spiritual Care Reflection: Tues/Th/Fri

Life Enrichment Therapists

Tammy Stadler, CTRS: 248-803-6511
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