

# Life Enrichment – Dearborn

# January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Call Pace after Hours</b> <b>855-445-4554</b></p> <p>NAP Week: January 26-30</p>			<p><b>1</b></p> 	<p><b>2</b></p> <p>10:00 January Trivia 10:30 <i>Spiritual Wellness/ C and G Novelties</i> 11:30 Yoga 1:15 Calendar Review/855 edu 2:15 New year's Resolutions</p>
<p><b>5 AVON</b></p> <p>10:00 DIY Sanitizer 10:30 <i>Spiritual Wellness/ January Trivia</i> 11:30 Snowball Fight 1:15 Calendar Review/855 edu 2:15 Bingo</p>	<p><b>6</b></p> <p>10:00 DIY Sanitizer 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Snowball Fight 1:15 Calendar Review/855 edu 2:15 Bingo</p>	<p><b>7 Westborn</b></p> <p>10:00 Reggae Sounds 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Bowling 1:15 Paper Mache 2:15 Jeopardy</p>	<p><b>8</b> Elvis Presley's Birthday</p> <p>10:00 Elvis Music 10:30 <i>Spiritual Wellness/ Elvis Triva</i> 11:30 Bowling 1:15 <b>Elvis Performs</b> 2:15 Elvis Movie with bananas and peanut butter</p>	<p><b>9</b></p> <p>10:00 Reggae Sounds 10:30 <i>Spiritual Wellness/ Fun Facts</i> 11:30 Yoga 1:15 Paper Mache 2:15</p>
<p><b>12</b></p> <p>10:00 Soft Rock 10:30 <i>Spiritual Wellness/ Horoscopes</i> 11:30 Chair Stretches 1:15 Calendar Planning 2:15 Ballon Burst</p>	<p><b>13 Westborn</b></p> <p>10:00 Soft Rock 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Chair Stretches 1:15 Calendar Planning 2:15 <b>Word Restoration Ministries</b></p>	<p><b>14</b></p> <p>10:00 Gospel Hour 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Chair Stretches 1:15 Bingo 2:15 Giant Jenga</p>	<p><b>15</b></p> <p>10:00 Hot Cocoa Bar 10:30 <i>Spiritual Wellness/C and G Novelties</i> 11:30 Chair Stretches 1:15 Ceramics 2:15 Giant Jenga</p>	<p><b>16</b></p> <p>10:00 Hot Cocoa Bar 10:30 <i>Spiritual Wellness/ MLK Trivia</i> 11:30 Chair Stretches 1:15 <b>DJ Love MLK Tribute</b> 2:15 Giant Connect 4</p>
<p><b>19 CLOSED</b></p> 	<p><b>20 AVON</b></p> <p>10:00 MLK Trivia 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Cornhole 1:15 <b>Word Restoration Ministries</b> 2:15 Selma the Movie</p>	<p><b>21</b></p> <p>10:00 Jazzy Hour 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Cornhole 1:15 Family Feud 2:15 Dear Abby</p>	<p><b>22 Westborn</b></p> <p>10:00 Jazz Hour 10:30 <i>Spiritual Wellness/ News</i> 11:30 Cornhole 1:15 Bingo 2:15 Velvet Art</p>	<p><b>23</b></p> <p>10:00 Easy Listening 10:30 <i>Spiritual Wellness/ Dear Abby</i> 11:30 Cornhole 1:15 Bingo 2:15 Velvet Art</p>
<p><b>26</b></p> <p>10:00 80's Hip Hop 10:30 <i>Spiritual Wellness/ Get to Know your LEA Team</i> 11:30 Chair Stretches 1:15 IN2L Games 2:15 You Chose</p>	<p><b>27</b></p> <p>10:00 Green Day 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Chair Stretches 1:15 <b>Word Restoration Ministries</b> 2:15 IN2L Games</p>	<p><b>28</b></p> <p>10:00 70's Disco 10:30 <i>Spiritual Wellness/Meet the Scheduler</i> 11:30 Chair Stretches 1:15 <b>Monthly Birthday Party(M)</b> 2:15 Family Feud</p>	<p><b>29</b></p> <p>10:00 Jean Day 10:30 <i>Spiritual Wellness/ Current Events</i> 11:30 Chair Stretches 1:15 <b>Monthly Birthday Party(S)</b> 2:15 Remember January</p>	<p><b>30 National Activity Professionals Day</b></p> <p>10:00 Blues 10:30 <i>Spiritual Wellness/ Cards Valentines Day</i> 11:30 Blue Parade 1:15 Movie Day 2:15 Blue Trivia /Horoscopes</p>