

Life Enrichment – Rivertown Blue

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>NAP Week: January 26-30</p>			<p>1</p> 	<p>2</p> <ul style="list-style-type: none"> 10:15 Let it Go 10:45 New Year New Groove 11:00 Movie Hour (start) 12:00 Movie Hour (end) 1:15 Music Trivia
<p>5</p> <ul style="list-style-type: none"> 10:15 Let it Go 10:45 New Year New Groove 11:00 New Year's Prayers 12:00 Calendar Review 1:15 New Year's Advice 	<p>6</p> <ul style="list-style-type: none"> 10:15 Let It Go 10:45 New Year New Groove 11:00 New Year's Prayer 12:00 Calendar Review 1:15 New Year's Advice 	<p>7</p> <ul style="list-style-type: none"> 10:15 Let It Go 10:45 New Year New Groove 11:00 Human Slot Machine 12:00 Juke Box Hour 1:15 2 Truths and a Lie 	<p>8</p> <ul style="list-style-type: none"> 10:15 Let It Go 10:45 New Year New Groove 11:00 Vision Board 12:00 Calendar Planning 1:15 2 Truths and a Lie 	<p>9</p> <ul style="list-style-type: none"> 10:15 Let It Go 10:45 New Year New Groove 11:00 Vision Board 12:00 Calendar Planning 1:15 Urban Trivia
<p>12</p> <ul style="list-style-type: none"> 10:15 New Year's Resolution 10:45 Balloon Toss 11:00 Monthly Birthday Party 12:00 IN2L Games 1:15 Know Your Neighbor 	<p>13</p> <ul style="list-style-type: none"> 10:15 New Year's Resolution 10:45 Balloon Toss 11:00 Monthly Birthday Party 12:00 INL Games 1:15 Know Your Neighbor 	<p>14</p> <ul style="list-style-type: none"> 10:15 New Year's Resolution 10:45 Balloon Toss 11:00 Spa Day 12:00 Participant Rights/855 1:15 Table Topics 	<p>15</p> <ul style="list-style-type: none"> 10:15 New Year's Resolution 10:45 Balloon Toss 11:00 Casino Day 12:00 Leisure Leisure 1:15 Table Topics 	<p>16</p> <ul style="list-style-type: none"> 10:15 New Year's Resolution 10:45 Balloon Toss 11:00 Casino Day 12:00 Leisure Leisure 1:15 Finish the Lyric
<p>19</p> 	<p>20</p> <ul style="list-style-type: none"> 10:15 Let's Talk News 10:45 Chair Stretches 11:00 MLK Bingo 12:00 I Have a Dream 1:15 MLK Trivia 	<p>21</p> <ul style="list-style-type: none"> 10:15 Let's Talk News 10:45 Chair Stretches 11:00 Battle of the Sexes 12:00 Leisure Leisure 1:15 Hot and Cold 	<p>22</p> <ul style="list-style-type: none"> 10:15 Let's Talk News 10:45 Chair Stretches 11:00 Winter Crafts 12:00 Participant Rights/855 1:15 Hot and Cold 	<p>23</p> <ul style="list-style-type: none"> 10:15 Let's Talk News 10:45 Chair Stretches 11:00 Winter Crafts 12:00 Music Trivia 1:15 IN2L Games
<p>26</p> <ul style="list-style-type: none"> 10:15 Grateful Grateful 10:45 Wintercise 11:00 Anita Baker Tribute 12:00 Chat with Emily 1:15 Anita Baker Trivia 	<p>27</p> <ul style="list-style-type: none"> 10:15 Grateful Grateful 10:45 Wintercise 11:00 R&B Soul Karaoke 12:00 Cards for LE 1:15 Memories with LE 	<p>28</p> <ul style="list-style-type: none"> 10:15 Grateful Grateful 10:45 Wintercise 11:00 Activity Bingo 12:00 Cards for LE 1:15 Memories with LE 	<p>29</p> <ul style="list-style-type: none"> 10:15 Grateful Grateful 10:45 Wintercise 11:00 Jigsaw Competition 12:00 Try a New Puzzle 1:15 IN2L Games 	<p>30 <i>National Activity Professionals Day</i></p> <ul style="list-style-type: none"> 10:15 Grateful Grateful 10:45 Wintercise 11:00 Party LE Style 12:00 Leisure Leisure 1:15 IN2L Games

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