

Life Enrichment – Detroit

February 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2 Avon 10:30 BHM Spotlight 11:15 Black History Trivia 11:45 BINGO switchboards 12:30 Dance to Micheal J. 1:00 Name that tune 70's	3 Jewelry & things 10:30 BHM spotlight 11:15 Black History Trivia 11:45 BINGO switchboards 12:30 Dance to Bruno M. 1:00 Name that tune 80's	4 Wear Red for Heart Healthy Month 10:30 BHM spotlight 11:15 What's in your Purse 11:45 Movie & Popcorn 12:30 Stretch it out 1:00 Movie Recap \$\$\$	5 10:30 BHM spotlight 11:15 What's in your Purse 11:45 Throwback Thursday 12:15 Dance to Bee Gee 1:00 Who am I?	6 10:30 BHM spotlight 11:15 Flashback Friday 11:45 Super Bowl Party 12:15 Dance to Marvin G. 1:00 Who am I?
9 10:45 Love Music & Coffee 11:15 <i>Chess/Checkers/Cards</i> 11:45 Cupcake Decorating 12:30 Chair Sing a Long 1:15 Book Club	10 T-shirt Lady 10:30 Love Music & Tea 11:15 <i>Chess/Checkers/Cards</i> 11:45 PACE Store 12:15 Chair Sing a Long 1:00 Dominoes w/ Rayven	11 10:30 Love Music & Tea 11:15 Velvet Art Challenge 11:45 PACE Store 12:15 Chair Sing a Long 1:00 Dominoes w/ Rayven	12 Give a Hug Day 10:30 I Love You Because 11:15 Hershey BINGO 11:45 Cupcake Decorating 12:30 Slow dance w/ Me ... 1:00 Party with DJ Mike	13 Pink and Red Party 10:30 Self- love Reflection 11:15 Hershey BINGO 11:45 Valentine's Day Social 11:30 Slow dance w/ Me ... 1:00 Party with Ivan
16 President's Day 10:30 BHM spotlight 11:15 Participant Rights Edu. 11:45 Puzzle Club w/Rayven 12:30 Senior Sittercise 1:00 Name that President	17 Thrift Store w/ CeCe 10:30 BHM spotlight 11:15 Participant Rights Edu. 11:45 Puzzle Club w/Rayven 12:30 Senior Sittercise 1:00 Party with Ivan	18 Jewelry & things 10:30 BHM spotlight 11:15 Bracelet exchange 11:45 Thrift Store w/ CeCe 12:15 Senior Sittercise 1:00 Black History Trivia	19 10:30 BHM spotlight 11:15 Bouquet Making 11:45 Spa Day w/ Rayven 12:15 Senior Sittercise 1:00 Black History Trivia	20 10:30 BHM spotlight 11:15 Bouquet Making 11:45 Spa Day w/ Rayven 12:15 Senior Sittercise 1:00 Horseshoes Game
23 10:30 Sip and Chat 11:15 Knitting & Crocheting 11:45 PACE AUCTION 12:15 15 min Meditation 1:00 Memory Lane Monday	24 Meet & Greet Staff 10:30 Sip and Chat 11:15 Knitting & Crocheting 11:45 PACE AUCTION 12:15 15 min Meditation 1:00 Party with DJ Mike	25 Meet & Greet Staff 10:30 Sip and Chat 11:15 Participant Rights Edu. 11:45 Wine down Wednesday 12:30 15 min Meditation 1:00 Party with DJ Mike	26 10:30 80's Music & Coffee 11:15 BINGO 11:45 Candle Making 12:30 Hallway Stroll 1:00 Brain Games \$\$	27 10:30 80's Music & Coffee 11:15 BINGO 11:45 Candle Making 12:30 Hallway Stroll 1:00 Brain Games \$\$
 		<p>Facts about February</p> <p>Aquarius is an Air sign. Pisces is a Water sign. February is the shortest month of the year.</p>		

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