

Life Enrichment – Pontiac

March 2026

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Purim (Judaism) 10:00 March Facts 10:30 Calendar Planning 10:45 Who Am I 11:30 Dr. Seuss' Bday Party! 1:00 Dynamic Duo	3 10:00 Current Events 10:30 Silver Sneakers 11:00 Nutrition Presentation 11:30 Karaoke 1:00 Word Up (AC)	4 Holi (Hinduism) 10:00 Coffee Chats 10:30 855 Education 10:45 Cardio Drumming 11:00 Zumba 1:00 Board Game Mixers	5 Marcus Salon \$ 10:00 Dear Abby 10:30 Calendar Planning 10:45 BINGO 11:30 Uno, Rummy, Euchre 1:00 Finish The Lyric	6 Culvers \$ 10:00 Current Events 10:30 Wii Bowling 10:45 Karaoke 11:30 Nat Oreo Cookie Day 1:00 5 W's Trivia	
9 10:00 Daily Bread 10:30 I Am Day 10:45 Bingo 11:30 Independent Leisure 1:00 Finish The Lyric	10 10:00 Slogan Trivia 10:30 Mindful Movement 10:45 Word Within A Word 11:30 Creative Circle Drawing 12:00 Deblon-flutist	11 AVON \$ 10:00 5 Clues What Tool? (AC) 10:30 Cardio Drumming 10:45 Bingo 11:30 Relaxed Coloring 1:00 St. Patrick's Craft	12 National Plant a Flower Day 10:00 Daily Bread 10:30 Balloon Volleyball 10:45 Flower Planting 11:30 Karaoke 1:00 Nutrition Presentation	13 10:00 Spring Bucket List 10:30 Chair Yoga 10:45 Bracelet Making 11:30 Word Within A Word 1:00 Pictionary	
16 National Panda Day 10:00 Panda Education 10:30 Walk & Wheel 10:45 Bingo 11:30 Panda Coloring 1:00 Board Game Mixers	17 St. Patrick's Day 10:00 St. Patrick's History 10:30 Truth or Blarney 10:45 St. Patrick's Day Party 11:30 Guess The Word 1:00 St Paddy's Rhyme Time	18 Olive Garden \$ 10:00 Finish The Sports Phrase 10:30 March Madness Bball 10:45 Karaoke 11:00 Mindful Movement 1:00 Word Search Race	19 AVON \$ 10:00 Family Feud 10:30 Wheelchair Navigation 10:45 Bingo 11:30 Open Recreation 1:00 Jake & Sara	20 Spring Equinox/ Eid al-Fitr (Islam) 10:00 Would You Rather 10:30 Memory Lane 10:45 Spring Fling 11:30 Word Within A Work 1:00 Astrology Trivia	
23 National Puppy Day 10:00 Guess The Breed 10:30 855 Education 10:45 Balloon Volleyball 11:30 Karaoke 1:00 Open Crafts	24 Meijer \$ 10:00 Tai-Chi 10:30 Morning Devotions 10:45 <i>Prom Queen & King Votes</i> 11:00 Zumba 1:00 Spring Bucket List	25 10:00 Dear Abby 10:30 Seated Exercises 10:45 Bingo 11:30 Participant Choice 1:00 Tony-Singer	26 10:00 Coffee and Music 10:30 Warm Welcomes 10:45 Wii Bowling 11:30 Karaoke 1:00 Community Mobility	27 Men's Henry Ford Museum 10:00 Car Trivia (AC) 10:30 Prom Queen & King Votes 10:45 Bingo 11:30 Creative Circle Drawing 1:00 Nutrition Presentation	
30 Virtual Vacation Day 10:00 Slogan Trivia 10:30 Warm Welcomes 10:45 Bucketball 11:30 Travelogue-London (AC) 1:00 Card Club	31 National Prom Day 10:00 Meditation 10:30 King and Queen Crowning 10:45 Prom 11:30 Prom 1:00 Therapeutic Coloring	Spring Forward - Sunday, March 8th 			

