

yLife Enrichment – Rivertown Blue

February 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2` 10:15 Black History Chat 10:45 Balloon Toss 11:00 Love Movie Hour 12:00 Love Movie Hour 1:15 Alphabet Letters	3 10:15 Black History Chat 10: Balloon Toss 11:00 Tell Your Love Story 12:00 Velvet Art Challenge 1:15 Alphabet Letters	4 <i>Wear Red for Heart Healthy Month</i> 10:15 Black History Chat 10:45 Balloon Toss 11:00 Heart Healthy Bingo 12:00 Velvet Art Challenge 1:15 Participant Rights/855	5 10:15 Black History Chat 10:45 Balloon Toss 11:00 Leisure Leisure 12:00 Black History Research 1:15 Participant Rights/855	6 10:15 Black History Chat 10:45 Balloon Toss 11:00 Leisure Leisure 12:00 Black History Research 1:15 Black History Trivia
9 10:15 Love Horoscopes 10:45 Be Mine Exercise 11:00 Black History Memories 12:00 Scheduling Trivia 1:15 Football Trivia	10 10:15 Love Horoscopes 10:45 Be Mine Exercise 11:00 Black History Memories 12:00 Valentine's Day Cards 1:15 Calendar Planning	11 10:15 Love Horoscopes 10:45 Be Mine Exercise 11:00 Black History Bingo 12:00 Valentine's Day Cards 1:15 Calendar Planning	12 Wear Red and Pink 10:15 Love Horoscopes 10:45 Be Mine Exercise 11:00 Valentine's Day 12:00 Hearts and Tales 1:15 Name the Love Song	13 Wear Red and Pink 10:15 Love Horoscopes 10:45 Be Mine Exercise 11:00 Valentine's Day 12:00 Hearts and Tales 1:15 Name the Love Song
16 10:15 Grateful Grateful 10:45 LEA Says Exercise 11:00 Violin Performance 12:00 Leisure Leisure 1:15 Black History Trivia	17 <i>Mardi Gras</i> 10:15 Grateful Grateful 10:45 LEA Says Exercise 11:00 Mardi Gras 12:00 Mardi Gras Bracelets 1:15 Mardi Gras Trivia	18 <i>Mardi Gras</i> 10:15 Grateful Grateful 10:45 LEA Says Exercise 11:00 Mardi Gras 12:00 Mardi Gras Bracelets 1:15 Mardi Gras Trivia	19 10:15 Grateful Grateful 10:45 LEA Says Exercise 11:00 Monthly Birthday Party 12:00 Leisure Leisure 1:15 Black History Shoutout	20 10:15 Grateful Grateful 10:45 LEA Says Exercise 11:00 Monthly Birthday Party 12:00 Leisure Leisure 1:15 Black History Shoutout
23 10:15 Black History Quote 10:45 Soul Train Line 11:00 Black History Trivia 12:00 African Jewelry Making 1:15 Black History Guess Who	24 10:15 Black History Quote 10:45 Soul Train Line 11:00 Black History Bingo 12:00 African Jewelry Making 1:15 Black History Guess Who	25 10:15 Black History Quote 10:45 Soul Train Line 11:00 Black History Tribute 12:00 Black History Stories 1:15 Black History Music Trivia	26 10:15 Black History Quote 10:45 Soul Train Line 11:00 Black History Party 12:00 Things My Mama Said 1:15 Table Topics	27 10:15 Black History Quote 10:45 Soul Train Line 11:00 Black History Party 12:00 Things My Mama Said 1:15 Table Topics
		Bible Study with Rev. Deb every Friday at 10:30 am		

Life Enrichment Therapists

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