

Monday	Tuesday	Wednesday	Thursday	Friday		
<p>Final days to sign up for outing: Resale outing trip Tuesday 3/31/2026 & outing: Golden Corral outing 4/1/2026</p> 		<p>1 <u>April Fools' Day/Passover Begins</u> 10:00 Coffee Conversation 10:30 Spiritual Wellness 10:45 <i>Chair Exercise</i> 11:00 Funny YouTube Videos 1:00 Leisure Time</p>	<p>2 10:00 Coffee & Gospel 10:30 Spiritual Wellness 10:45 <i>Praise chair Exercise</i> 11:00 Easter Crafts 1:00 Entertainment: The Griffin sisters</p>	<p>3 <u>Tigers vs. Cardinals/Good Friday</u> 10:00 Coffee & Gospel 10:30 Spiritual Wellness 10:45 Praise Chair Exercise 11:00 Carrot Hunt 1:00 Easter Celebration</p> 		
<p>6 <u>Movie Monday/ Resale Trip</u> 10:00 Coffee & conversation 10:30 Spiritual Wellness 10:45 <i>Movie Monday</i> 11:00 Movie 1:00 Leisure Time</p> 	<p>7 <u>GIRL SCOUT COOKIES</u> 10:00 Wordsearch & coffee 10:30 Spiritual Wellness 10:45 <i>Moving & grooving</i> 11:00 Current Events 1:00 Bingo</p>	<p>8 <u>Resale Trip</u> 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 <i>meditation Time</i> 11:00 Art Time 1:00 Leisure Time</p>	<p>9 <u>Marcus (Elderific Beauty Salon) Passover Ends/</u> 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 Group Activity 1:00 Memory Lane</p>	<p>10 10:00 Thankful & Grateful 10:30 Spiritual Wellness 10:45 <i>Pom Pom Friday Chair Exercise</i> 11:00 Calendar Review 1:00 Karaoke</p> 		
PARTICIPANT		WELCOME			WEEK	
<p>13 <u>Marcus (Elderific Beauty Salon)</u> 10:00 Thankful & Grateful 10:30 Spiritual Wellness 10:45 <i>Silver Sneakers</i> 11:00 Group Activity 1:00 Calendar Review/Music Time</p>	<p>14 <u>Laughter Day/ AVON LADY</u> 10:00 Wordsearch & coffee 10:30 Spiritual Wellness /Golden Corral 10:45 <i>Silver Sneakers</i> 11:00 Laughing Riddles 1:00 Bingo</p>	<p>15 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Silver Sneakers (Golden Corral) 11:00 Group Activity 1:00 Music Time</p>	<p>16 <u>Thankful & Grateful / Men's Group Trip</u> 10:00 Chart & coffee 10:30 Spiritual Wellness 10:45 Relaxing Movement (Golden Corral) 11:00 Craft & hour 1:00 Group activity</p>	<p>17 <u>Fun Friday</u> 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 <i>Chair Exercise</i> 11:00 Craft time 1:00 Armando Entertainment</p>		
<p>20 <u>Cartoon Day</u> 10:00 Coffee 10:30 Spiritual Wellness 10:45 <i>Senior Silver sneakers</i> 11:00 Cartoon Time 1:00 80's music</p>	<p>21 <u>Trivia Day</u> 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Movement Exercise 11:00 Trivia Time 1:00 Memory Time music</p>	<p>22 <u>Earth Day/AVON Lady</u> 10:00 Chart & Coffee 10:30 Spiritual Wellness 10:45 <i>Senior Wellness</i> 11:00 Paint a flower 1:00 Take a walk</p>	<p>23 <u>Wild Card Day</u> 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 <i>Moving & grooving</i> 11:00 Spirit Games 1:00 Bingo</p>	<p>24 <u>Dancing Day</u> 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 <i>Moving & Grooving</i> 11:00 Craft Exercise 1:00 DJ Deb</p>		
<p>27 <u>Movie Monday</u> 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 <i>Monday Morning stretches</i> 11:00 Movie 1:00 Leisure Time</p>	<p>28 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 Thankful & Grateful 11:00 Sport Games 1:00 Bingo</p>	<p>29 <u>Read a Book Day</u> 10:00 Daily Chronicles 10:30 Spiritual Wellness 10:45 <i>Chair Exercise</i> 11:00 Book Reading 1:00 Leisure Time</p>	<p>30 <u>Wild Card Day</u> 10:00 Coffee & chat 10:30 Spiritual Wellness 10:45 <i>senior silver sneakers</i> 11:00 Music Time 1:00 Glow Bingo</p>			

PLEASE NOTE: ACTIVITIES ARE SUBJECT TO CHANGE

Life Enrichment Therapist: Keisha Howard (248)-520-3763
Life Enrichment Assistants: Deborah Bentley, Melkia Huey, Martha Dickerson, Felicia Perkins

April 1- take down tobacco day
April 10th – national siblings day
April 13th – National scrabble day

