


Life Enrichment – Westland

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 April Fools' Day 10:15 Monthly Gazette 10:45 Senior Stretches 11:00 Calendar Rev./Req. 1:00 Bible Study 1:30 Boogie w/ Bobby	2 Target Outing \$ 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 Calendar Rev./Req. 1:00 Bible Study 1:30 Bingo	3 Tigers Opening Day/Good Friday 10:15 Morning Music 10:45 Seventh Inning Stretch 11:00 Easter Craft 1:00 Spiritual Wellness 1:30 Baseball & Cracker Jacks
6 Papparazzi Jewelry \$ 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Card/Board Games 1:00 Spiritual Wellness 1:30 Entertainment w/ Eric	7 Joy of Chocolate \$ 10:15 Sip & Socialize 10:45 Move & Groove 11:00 Crafts 1:00 Spiritual Wellness 1:30 Movie	8 10:15 Sip & Socialize 10:45 Table Top Drumming 11:00 Canvas Painting 1:00 Bible Study 1:30 Bingo	9 Divine Cre8tions \$, Red Lobster Outing\$ 10:15 TV & Talk 10:45 Senior Stretches 11:00 Jewelry Making 1:00 Bible Study 1:30 IN2L	10 Avon \$ 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 You Pick Craft 1:00 Spiritual Wellness 1:30 Dance w/ DJ Mike
13 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 Manicures 1:00 Spiritual Wellness 1:30 Bingo	14 Golden Corral Outing \$ 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Manicures 1:00 Spiritual Wellness 1:30 Movie	15 10:15 TV & Talk 10:45 Move & Groove 11:00 Craft/ Bible Study 1:00 Art Therapy 2:00 Music Requests	16 10:15 Sip & Socialize 10:45 Senior Stretches 11:00 Independent Leisure 1:00 Bible Study 1:30 Music w/ Lavance	17 Sweet Fruit \$ 10:15 TV & Talk 10:45 Senior Stretches 11:00 Uno Hour 1:00 Spiritual Wellness 1:30 Alleycat Entertainment
20 Avon \$ 10:15 TV & Talk 10:45 Senior Stretches 11:00 Craft 1:00 Spiritual Wellness 1:30 Family Feud	21 Sweet Fruit \$ 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 Velvet Art 1:00 Spiritual Wellness 1:30 IN2L	22 Earth Day, Divine Cre8tions \$ 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Ppt Edu./Activity Pack 1:00 Bible Study 1:30 Bingo	23 10:15 TV & Talk 10:45 Move & Groove 11:00 Ppt Edu./ Art Hour 1:00 Bible Study 1:30 Amando Entertainment	24 Arbor Day, Five Below Outing \$ 10:15 Sip & Socialize 10:45 Table Top Drumming 11:00 Word Puzzle Hour 1:00 Spiritual Wellness 1:30 Words of Wisdom Project
27 10:15 Sip & Socialize 10:45 Table Top Drumming 11:00 Jewelry Making 1:00 Spiritual Wellness 1:30 Bingo	28 10:15 TV & Talk 10:45 Senior Stretches 11:00 Canvas Painting 1:00 Spiritual Wellness 1:30 Shake it w/ Sheri	29 10:15 Coffee & Converse 10:45 Fitness Fun 11:00 Independent Leisure 1:00 Bible Study 1:30 Monthly Birthday Party	30 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Closet Cleanout Craft 1:00 Bible Study 1:30 Auction w/ PACE Bucks	

Life Enrichment Therapist: Julia Gaglio, CTRS (313) 500-2032
 Life Enrichment Assistants: Alberta & Jean
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