


Life Enrichment Services – Eastpointe- Green Room

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Final day to sign up for May 8th Mother 's Day outing: April 30th, 2026 Final day to sign up for May 12th Mother's Day outing: May 5th, 2026 Final day to sign up for Senior Zoo trip outing: Tuesday May 19, 2026 Marcus Beauty Shop: Tuesday May 5th, 2026 & Friday May 15th, 2026</p>				<p>1 FUN FRIDAY 10:00 Music & coffee 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 MAY Trivia 1:00 60's music</p>
<p>4 MAY THE 4TH BE WITH YOU/ MOVIE DAY 10:00 Chat & Coffee 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 Crafts 1:00 Movie & Popcorn</p>	<p>5 10:00 Coffee & Conversation 10:30 Spiritual Wellness 10:45 Senior Sneakers 11:00 Participant Rights 1:00 Cinco De Mayo Fiesta</p>	<p>6 PINK & PURPLE DAY 10:00 Wordsearch & coffee 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 Group Activity 1:00 Pink & Purple social Wear Pink & Purple</p>	<p>7 MEMORIAL SERVICE 10:00 Coffee & conversation 10:30 Spiritual Wellness 10:45 Memorial Service 1:00 Group Activity</p>	<p>8 Mother's Day outing 10:00 Old School music & Coffee 10:30 Spiritual Wellness 10:45 Mother's Day Trip 11:00 Wacky wordies 1:00 Mother's Day Celebration</p>
<p>11 TWILIGHT ZONE DAY 10:00 Coffee & conversation 10:30 Spiritual Wellness 10:45 Olympic Practice 11:00 Twilight Zone Movie & snack 1:00 Bingo</p>	<p>12 Mother's Day outing 10:00 Coffee & Conversation 10:30 Spiritual Wellness 10:45 Mother's Day Trip 11:00 Group Activity 1:00 Leisure Time</p>	<p>13 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Participant Rights 11:00 Spa Time (Nails) 1:00 Leisure Time</p>	<p>14 10:00 Thankful & Grateful 10:30 Spiritual Wellness 10:45 Olympic Practice 11:00 Participant Rights 1:00 Bingo</p>	<p>15 YOUR DAY YOUR WAY 10:00 Coffee & You 10:30 Spiritual Wellness 10:45 Olympic Practice 11:00 Craft hour 1:00</p>
<p>18 MOVIE DAY 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Move & groove Exercise 11:00 Crafts 1:00 Movie & snacks</p>	<p>19 10:00 Coffee & Conversation 10:30 Spiritual wellness 10:45 chair exercise / library Trip 11:00 Craft hour 1:00 60's music</p>	<p>20 10:00 Coffee & wordsearch 10:30 Spiritual wellness 10:45 Bowling Trip 11:00 Craft 1:00 Leisure Time</p>	<p>21 10:00 Thankful & grateful 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 Group Activity 1:00 Memorial Day Party</p>	<p>22 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Senior Sneakers 11:00 Group Activity 1:00 Memorial Day Party</p>
<p>25 CLOSED FOR MEMORIAL DAY </p>	<p>26 10:00 Crossword & coffee 10:30 Spiritual Wellness 10:45 movement & motion 11:00 Leisure Time 1:00 Let's walk</p>	<p>27 SENIOR ZOO TRIP 10:00 Chat & coffee 10:30 Spiritual Wellness 10:45 Senior Sneakers 11:00 Craft 1:00 music Time</p>	<p>28 Thankful & Grateful 10:00 Coffee & conversation 10:30 Spiritual Wellness 10:45 Chair Exercise 11:00 Group Activity 1:00 Let's walk</p>	<p>29 FUN FRIDAY/ Wheelchair outing 10:00 Music coffee 10:30 Spiritual Wellness 10:45 Travel adventure 11:00 Group Activity 1:00 Let's walk</p>

PLEASE NOTE: ACTIVITIES ARE SUBJECT TO CHANGE

Life Enrichment Therapist: Keisha Howard (248)-520-3763
 Life Enrichment Assistants: Deborah Bentley, Melkia Huey, Martha Dickerson, Felicia Perkins