


Life Enrichment Services – Pontiac

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Bible Study on Mondays & Thursdays 11am-12pm with: Michael</p> <p>Friday May 1st: National Day of Prayer at 10:45am Large Conference Room.</p>				<p>1 2nd & Charles 10:00 May IQ(AC) 10:30 Seated Exercises 11:30 Karaoke 1:00 Patio Meditation</p>
<p>4 10:00 Mindfulness Matters (AC) 10:30 Who Said It? – Star Wars 11:00 Cardio Drumming 1:00 Gardening Care</p>	<p>5 10:00 Poetry Reading 10:30 Word Search Race 11:00 Cinco De Mayo Fiesta 1:00 Ball Pass</p>	<p>6 10:00 Which Came First? 10:30 Chair Yoga 11:00 Memorial Service 12:30 Deblon Flutist</p>	<p>7 10:00 Barrier Awareness 10:30 Calendar Planning 11:30 Mother's Day Social 1:00 Outdoor Ring Toss</p>	<p>8 Marcus Salon \$ Nat'l Have a Coke Day 10:00 Coca-Cola Facts 10:30 Jazzercise 11:00 Mother's Day Social 12:30 Dynamic Duo</p>
<p>11 Hands of Grace \$ 10:00 Armchair Travel 10:30 Tai Chi 11:00 Memorial Day Craft 1:00 Calendar Planning</p>	<p>12 Movie Outing 10:00 855 Edu. & Participant Rights 10:30 Karaoke 11:00 BINGO 12:30 Jake & Sarah</p>	<p>13 Women's Outing 10:00 Word Within A Word 10:30 Karaoke 11:00 Mindful Movement 1:00 Gardening</p>	<p>14 AVON \$ 10:00 Poetry Reading 10:15 Wheelchair Navigation 11:00 Memorial Day Craft 1:00 Horseshoes</p>	<p>15 National Pizza Party Day 10:00 Endangered Species Edu. 10:30 Warm Welcomes 11:00 BINGO 1:00 Ladder Ball</p>
<p>18 10:00 Cranium Crunches (AC) 10:30 Karaoke 11:00 Number Find Race 1:00 Seated Soccer</p>	<p>19 Marcus Salon \$ 10:00 Wacky Wordies 10:30 BINGO 11:00 Mindful Movement 1:00 Garden Care</p>	<p>20 AVON \$ 10:00 Coffee & Chats 10:30 Karaoke 11:00 Zumba 1:00 Ceramic Tiles</p>	<p>21 10:00 Learn the Huddle 10:30 Rummy W/ Friends 11:00 Memorial Day Party 12:30 Tony J</p>	<p>22 10:00 855 Edu. & Participant Rights 10:30 Relaxed Coloring 11:00 Memorial Day Party 1:00 Walk & Wheel</p>
<p>25 CLOSED FOR MEMORIAL DAY</p> 	<p>26 10:00 Name That Tune 10:30 BINGO 11:00 Zumba 1:00 Cards of Choice</p>	<p>27 Senior Day @ Zoo 10:00 Fact or Fiction - Animals 10:30 Word Search Race 11:00 Mystery Activity 1:00 Basketball</p>	<p>28 10:00 Virtual Road Trip 10:30 Karaoke 11:00 Scrabble, Checkers & More 1:00 Community Mobility</p>	<p>29 10:00 Grooving to music 10:30 Wordle 11:00 BINGO 1:00 Corn Hole</p>

Life Enrichment Therapist: Tammy Stadler, CTRS: (248) 803-6511