


Life Enrichment – Eastpointe Green Room

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Coffee & conversation 10:30 Spiritually wellness 10:45 <i>Olympic Practice</i> 11:00 Movie Monday 1:00 Bingo	2 AVON Lady 10:00 Coffee & conversation 10:30 Spiritually wellness 10:45 <i>Olympic Practice</i> 11:00 Table talk 1:00 Snack Social	3 10:00 Coffee & conversation 10:30 Spiritually wellness 10:45 <i>Olympic Practice</i> 11:00 Calendar Review 1:00 Bingo	4 10:00 Coffee & conversation 10:30 Spiritually wellness 10:45 <i>Olympic Practice</i> 11:00 Crafts & music 1:00 Leisure time	5 Paparazzi Jewelry 10:00 Coffee & conversation 10:30 Spiritually wellness 10:45 <i>Olympic Practice</i> 11:00 1:00 Bingo
8 AVON Lady 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Senior Sneakers</i> 11:00 Movie Time 1:00 Leisure Time	9 Hands of Grace Store /Five Below 10:00 Coffee & conversation 10:30 Spiritual wellness/ Five Below outing 10:45 <i>Olympic Practice</i> 11:00 Craft 1:00 Armando Entertainment	10 Marcus Beauty Shop/Capitol Day 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 Seated Exercise 11:00 Participate rights 1:00 Bingo	11 Father's Day 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 Silver Sneakers 11:00 Olympic Practice 1:00 Father's Day social	12 Father Day 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 Father's Day outing (Logan's) 11:00 Olympic Practice 1:00 Father's Day social
15 Movie Day 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice</i> 11:00 Craft time 1:00 Movie Day	16 Walmart 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice/Walmart trip</i> 11:00 Craft time 1:00 Bingo	17 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice</i> 11:00 Cup game 1:00 leisure time	18 Marcus Beauty Shop 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice</i> 11:00 Calendar Review 1:00 Bingo	19 JUNETEENTH 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice</i> 11:00 Tye Dye time 1:00 Juneteenth Celebration
22 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 Summer Solstice 11:00 <i>Olympic Practice</i> 1:00 DJ. Sherri/Snowcones	23 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Olympic Practice</i> 11:00 <i>Games, Games, Games</i> 1:00 Who wants smores?	24 10:00 Coffee & wordsearch 10:30 Spiritual wellness 10:45 <i>Move & Groove</i> 11:00 <i>Olympic Practice</i> 1:00 Who wants smore	25 River Walk Trip 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 Riverwalk meet up 11:00 <i>Olympic Practice</i> 1:00 80's music selection	26 10:00 Coffee & music 10:30 Spiritual wellness 10:45 <i>senior sneakers</i> 11:00 <i>Olympic Practice</i> 1:00 DJ Ivan
29 10:00 Coffee & conversation 10:30 Spiritual wellness 10:45 <i>Chair Exercise</i> 11:00 <i>Olympic Practice</i> 1:00 Movie & Snack	30 10:00 Coffee & Monday 10:30 Spiritual wellness 10:45 <i>Chair Exercise</i> 11:00 <i>Craft time</i> 1:00 Bingo			Marcus Beauty Shop: Wednesday June 10th, 2026 & Thursday June 18 th , 2026 Logan's Food outing: friday June 12 th , 2026 Walmart outing: Tuesday June 16 th , 2026 River walker outing: Thursday June 25 th , 2026,



Life Enrichment Therapist: Keisha Howard (248)-520-3763
Life Enrichment Assistants: Deborah Bentley, Melkia Huey, Martha Dickerson, Felicia Perkins

