

Life Enrichment – Westland

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1 Welcome to June! 10:15 Monthly Gazette 10:45 Chair Exercise 11:00 Craft 1:00 Spiritual Wellness 1:30 Calendar Review/Request	2 Outing to Chili's \$ 10:15 Sip & Socialize 10:45 Tabletop Drumming 11:00 Art Hour 1:00 Spiritual Wellness 1:30 Calendar Review/Request	3 Avon \$ 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Cards/Board Games 1:00 Bible Study 1:30 Lavance Entertainment	4 10:15 Coffee & Converse 10:45 Move & Groove 11:00 Independent Leisure 1:00 Bible Study 1:30 Bingo	5 Paparazzi Jewelry \$ 10:15 Talk & Tunes 10:45 Friday Fitness Fun 11:00 Jewelry Making 1:00 Spiritual Wellness 1:30 Bingo
8 10:15 Talk & Tunes 10:45 Fitness Fun 11:00 Painting 1:00 Spiritual Wellness 1:30 Eric Entertainment	9 10:15 Daily Chronicle 10:45 Chair Exercise 11:00 Independent Leisure 1:00 Spiritual Wellness 1:30 Bingo	10 PACE at the Capitol! 10:15 Sip & Socialize 10:45 Tabletop Drumming 11:00 Art Hour 1:00 Bible Study 1:30 IN2L/Garden	11 African American Museum\$ Sweet Fruit \$ 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Uno Hour 1:00 Bible Study 1:30 Movie	12 10:15 Coffee & Converse 10:45 Move & Groove 11:00 Word Puzzles/Ind. Leisure 1:00 Spiritual Wellness 1:30 Father's Day Social
15 10:15 Coffee & Converse 10:45 Move & Groove 11:00 Manicures/Ind. Leisure 1:00 Spiritual Wellness 1:30 Bingo	16 Outing to Motown Thrift \$ 10:15 Talk & Tunes 10:45 Fitness Fun 11:00 Manicures/Ind. Leisure 1:00 Spiritual Wellness 1:30 IN2L/Garden	17 Avon \$ 10:15 Daily Chronicle 10:45 Chair Exercise 11:00 Craft 1:00 Bible Study 1:30 Bingo	<p style="text-align: center;">Cookout @ Dearborn!</p>	<p style="text-align: center;">Cookout @ Dearborn!</p>
22 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Summer Craft 1:00 Spiritual Wellness 1:30 Summer Solstice Party	23 10:15 Coffee & Converse 10:45 Move & Groove 11:00 855/Participant Rights 1:00 Spiritual Wellness 1:30 Bingo	24 10:15 Talk & Tunes 10:45 Fitness Fun 11:00 855/Participant Rights 1:00 Bible Study 1:30 Trivia/Garden	25 10:15 Daily Chronicle 10:45 Chair Exercise 11:00 Art Hour 1:00 Bible Study 1:30 Bingo	26 10:15 Sip & Socialize 10:45 Tabletop Drumming 11:00 You Pick Activity 1:00 Spiritual Wellness 1:30 Auction
29 10:15 Sip & Socialize 10:45 Tabletop Drumming 11:00 Card/Board Games 1:00 Spiritual Wellness 1:30 Bingo	30 10:15 Morning Music 10:45 Pom Pom Exercise 11:00 Jewelry Making 1:00 Spiritual Wellness 1:30 Monthly Birthday Party	<p style="text-align: center;">Happy Father's Day</p>	<p style="text-align: center;">Aisha's Salon: Frist Thursday & Every Friday, Sign Up \$</p> <p style="text-align: center;">*activities are subject to change</p>	

Life Enrichment Therapist: Julia Toma, CTRS (313) 500-2032
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