

Life Enrichment –DETROIT				August 2026
Monday	Tuesday	Wednesday	Thursday	Friday
3 10:45 Morning Gospel 11:15 Calendar review 11:45 DJ Request/sing along 12:30 Stretch it out 1:00 BINGO	4 Avon Shopping 10:45 Morning Jazz 11:15 Calendar suggestions 11:45 <i>Name that tune</i> 12:30 Stretch it out 1:00 Party with DJ Rob	5 10:45 Morning Motown 11:15 This or That 11:45 Midday BINGO 12:30 Stretch it out 1:00 Party with Amando	6 Root Beer Floats 10:45 Morning Gospel 11:15 Chess Tournament 11:45 Midday BINGO 12:30 Stretch it out 1:00 Spades/Bid whist hour	7 Beauty/Barber 10:45 Morning Blues 11:15 Checkers Tournament 11:45 Gardening 12:30 Stretch it out 1:00 Pool Tournament
10 Beauty/Barber 10:45 Prayer Request 11:15 Midday BINGO 11:45 <i>Olympics Team try-out</i> 12:30 Move to the beat 1:00 N: Bowling Day	11 10:45 Prayer Request 11:15 Manicures w/ Rayven 11:45 <i>Olympics Team try-out</i> 12:30 Move to the beat 1:00 BINGO	12 10:45 Prayer Request 11:15 Manicures w/ Rayven 11:45 <i>Olympics Team try-out</i> 12:30 Move to the beat 1:00 Guess the item	13 10:45 Prayer Request 11:15 Guess the item 11:45 <i>Olympics Team try-out</i> 12:30 Move to the beat 1:00 Party with Mike L.	14 Avon Shopping 10:45 Prayer Request 11:15 Participants Choice 11:45 <i>Who made the team</i> 12:30 Move to the beat 1:00 Party with Mike L.
17 10:45 I'm Grateful for 11:15 Spades/Bid whist hour 11:45 Mix & Mingle 12:30 Exercise to Bruno M. 1:00 Don't touch the color	18 Jewelry & things 10:45 I'm Grateful for 11:15 Party with Ivan 11:45 Mix & Mingle 12:30 Exercise to Rick J 1:00 Hot Potato/Trivia	19 Rayven's Birthday 10:45 I'm Grateful for 11:15 Hot Potato/Trivia 11:45 <i>Family Feud</i> 12:30 Exercise to Micheal J. 1:00 Wine down Wednesday	20 Beauty/Barber 10:45 I'm Grateful for 11:15 Midday BINGO 11:45 <i>Family feud</i> 12:30 Exercise to Prince 1:00 N: Lemonade Day	21 10:45 I'm Grateful for 11:15 Party with Ivan 11:45 Velvet Art Challenge 12:30 Exercise to Gap Band 1:00 BINGO
24 10:45 Coffee & Stanford 11:15 Monday Movie Madness 11:45 <i>Movie</i> 12:30 Lorie says 1:00 Movie recap/trivia \$\$	25 10:45 Coffee & The Jeffersons 11:15 855-Education 11:45 Thrift Store w/ CeCe 12:30 Toni Says 1:00 Party with DJ Mike	26 10:45 Coffee & Good times 11:15 Ceramic Painting 11:45 Auction Time!!! 12:30 Outdoor walk 1:00 Party with DJ Rob	27 10:45 Coffee & Westerns 11:15 Human slot machine 11:45 Auction Time!!! 12:30 Participants decide 1:00 Name that tune for Chips	28 10:45 Coffee & Todays News 11:15 Human slot machine 11:45 Thrift Store w/ CeCe 12:30 Participants decide 1:00 Tye Dye hour
31 10:45 Dear Abby decision 11:15 Outdoor games 11:45 855-Education 12:30 Chair Exercise 1:00 Ceramic Painting	Annual Picnic Reminder in September: Dates to be Determined Hawaiian Lula Theme			